

Solutions for Work and Life: New Year's Resolution Mystique
January 5, 2007

Happy New Year!

I hope you had a wonderful holiday season and are creating for yourself the best year ever.

New Year Special Offer

Coaching is about helping you find your solution. In keeping with the philosophy that you know best, Read Solutions Group has expanded its offerings to include single coaching session, a month of coaching, or extended coaching to support a change.

To learn about the structures and rates, please click on the link below.

Remember that all new clients are entitled to one complimentary coaching session. To take advantage of yours, send an email to Sherry@ReadSolutionsGroup.com.

[New Year Special Offer](#)

New Year's Resolution Mystique

If you subscribe to many newsletters, magazines or newspapers, you've been inundated with articles on New Year's Resolutions over the past few weeks. Tired of reading various recommendations on how to make and keep my resolutions, I thought it might be informative to see if the history of this tradition lent credibility to the mystique of the New Year's Resolution.

[Read the rest of the article here](#)

Articles Published

I'm pleased to have a couple of articles published in the past few weeks. "Before the Year Ends" was published in the Expat Focus newsletter, December 2006. Expat Focus aims to make life easier for anyone moving or living abroad by being the most comprehensive information and support resource for expatriates on the Web.

[Link to the article here](#)

"Leading the Life You Desire" was the lead article in The Foreign Exchange: January 8, 2007 newsletter and is currently highlighted on the Expat Exchange website. Expat Exchange helps expatriates find relocation service providers and to research what it means to relocate to a new country and culture.

[Link to the article here](#)

Finally, a range of options for coaching at a great price! And best of all, you can try out coaching anytime with a complimentary coaching session. Available around the globe via phone.

When you're ready for that change (and it may not be because of a New Year's

Resolution), let's talk about how a coaching structure will help you achieve your goals.

Referrals are the lifeblood of my business. If you know any one who might benefit from the resources in my website, newsletters or from coaching, please click on the "Forward to a Friend" button below. Thanks!

Best Wishes for a Fantastic 2007,
Sherry L. Read